



INTRODUCING: DR FIONA MCCARTHY

CHELSEA'S BEST KEPT SECRET FOR

SUBTLE SKIN TRANSFORMATION

When it comes to investing in your skin – we all want that beautiful, glowing result and there seems to be no shortage of ‘miracle creams’ and snazzy-sounding treatments out there to tempt you. But where to begin? Who should you trust with your most precious asset – your face?

Introducing Dr Fiona McCarthy – Chelsea’s newest expert skincare resident. A consultant oncologist with nearly two decades of medical experience, Dr Fiona offers an expert pair of hands when it comes to facial aesthetics. As a busy mother of two herself, Dr Fiona understands all too well how self-care can often fall to the bottom of the list and has dedicated her aesthetic career to helping women restore and reclaim their health, beauty and inner vibrancy through the highest quality, proven treatments and products. Now practicing from the Chelsea Private clinic, Dr Fiona offers a unique approach to beauty, wellness and ageing – using bespoke, holistic treatments to restore and rejuvenate her patients from the inside out.

BE RESTORED, BE REVIVED, BE YOU

Dr Fiona is renowned for her subtle yet transformative results and has a passion for a holistic and preventative approach to ageing. She offers only the highest quality award-winning aesthetic treatments, including wrinkle relaxing injections, dermal filler injections, PDO threads, chemical peels, medical microneedling, Prohilo skin rejuvenation and cosmeceutical skincare. Women’s wellness is central to Dr Fiona’s ethos, so she is particularly proud to offer ThermiVa - the industry-leading feminine rejuvenation treatment - having trained with top consultant gynaecologist Prof. Jim Dornan to help women restore their confidence following childbirth. Caring and kindness are central to Dr Fiona’s approach and she firmly believes in going the extra mile for her patients. Whether this is just coming in for a bit of advice and talk

through to concerns or proceeding with a treatment – patients can rely on her expert support.

RESET YOUR SKIN FOR SPRING

So what would Dr Fiona recommend to get skin ready for Spring-Summer 2019? Many people find their skin is stuck in a dull, depleted state following the long winter months, with harsh weather and central heating playing havoc with skin’s delicate balance. Now newly launching at the Chelsea Private Clinic, Dr Fiona’s Spring Skin Reset treatment offers the ultimate kickstart remedy to revive those worn winter complexions.

This two-step regime begins with a bespoke facial peel to lift away those months of neglect - using either glycolic, mandelic or lactic acid formulations depending on the individual skin needs - whether oily / acne-prone, or sensitive, rosacea types. This is followed by Prohilo - injecting super-hydrating fluid hyaluronic acid into five key points around each side of the face to deliver the ultimate skin glow. Finally, to keep your beautiful spring skin in pristine condition, all patients receive a complimentary cleanser and SPF to use from home.

Dr Fiona says: “This tailored treatment combination is so good for resetting the skin and kickstarting the natural collagen renewal process. After just two weeks the skin feels fresher, the pores are tighter and you get that wonderful healthy glow that gets people asking what your skincare secret is... After six weeks your own collagen starts really kicking in and it’s an even better effect that lasts around 4-6 months - my patients love it!”

The Spring Skin Reset treatment – from £799
For more information and to book your bespoke skin consultation with Dr Fiona, please contact: drfionamccarthy@gmail.com / 0207 565 0333
The Chelsea Private Clinic, The Courtyard, 250 Kings Road, London, SW3 5UE



“MY STYLE IS ABOUT SUBTLE ENHANCEMENTS & HELPING PATIENTS LOOK LIKE THE BEST VERSION OF THEMSELVES – HEALTHY, RESTED & REJUVENATED – NOT SUSPICIOUSLY WRINKLE-FREE OR OVER-DONE.”